

## **Great Backyard Bird Count Marvel Meal**

### **Ingredients:**

1 cup smooth peanut butter  
1 cup vegetable shortening  
1 cup white flour (NOT self-rising)  
3 cups yellow corn meal (NOT self-rising)

### **Directions:**

Mix ingredients together well and place in a suet log (see back panel) or simply smear the paste on the trunk of a tree, branch, post or other solid object where birds can find and reach it.

Store unused Marvel Meal in a sealed container in the refrigerator until ready to use it.